

JANUARY 2020

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# BLUB WORLD

INSPIRING

CHILDREN

ACROSS

THE

WORLD

## INSIDE

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RAVEL  
ACTICS

Life Changing Tech

## EXCLUSIVE

India's First  
Male Ballet  
Dancers

# India's First *Danseurs* Dipesh Verma & Bobby Roy

# INDIA SCHOOL SURVEY

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You  
The  
Best  
School  
In  
The  
City?

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# FUN – EARN



**F**un (فن), an Urdu word that means art or skill, is somehow very similar in some connotation to the English word fun, which means an activity or a person that gives you pleasure and enjoyment. We all are gifted with some or the other fun (art). Everyone is bestowed with some art by Mother Nature.

Most of us often wonder whether we can earn from the fun (art) we possess. Well, the answer is yes, we can! First of all, it is important to recognize our God-gift, and then enjoy it to make it our hobby naturally.

If you want to enjoy it as your hobby, by fulfilling and enriching your leisure time, then that is wonderful. But if you want to make it your profession, your source of income then here are a few useful suggestions –

**You should enjoy your God-gift full on** – And you will become super cool and a happy person

**Spend the maximum hours of your day, as much as possible with your God-gift** - This will transform you into a maestro of your

art form

**You should practice on a daily basis and flaunt your gifted art at a fixed time and a fixed place** - By doing this, you will be known and popular among people

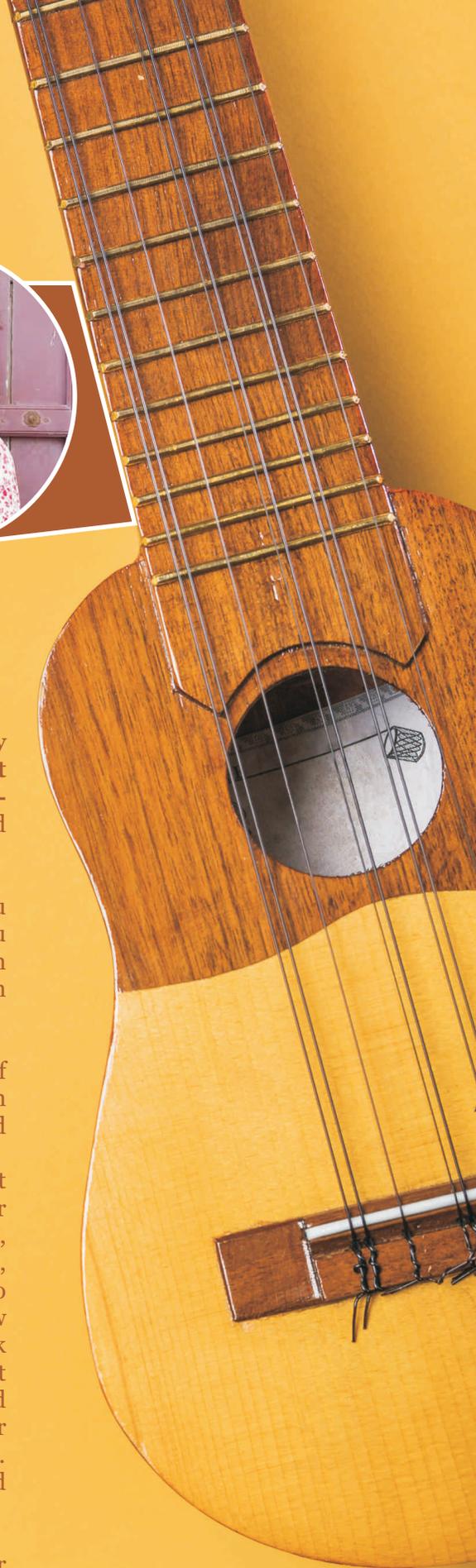
The most important point is that you should devote thrice the time you spend in practicing your passion, in the promotion of yourself as an artist/performer

These efforts of self promotion as an artist will establish you as an artist in the particular field you desire.

Thus you will touch a point where you are getting paid for your performances in the form of shows, exhibitions, educational sessions, experience-sharing, workshops, so on and so forth. And you never know when your consistency, hard work and the rising standard of your art may lead you to unexpected miraculous achievements in your professional life, your life as an artist.

So enjoy your God-gift and become the maestro of miracles. ❖❖

- Veena Bhavnes Gaur



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#childrenofblubworld

# CHITHAMBARAM ARAVINDH

**C**hithambaram Aravindh is 20-years old now, but proved his exemplary command on chess at the mere age of 12-years. He was born in 1999 in Thirunagar and spent his childhood amid struggle after his father's demise. His mother took charge of the finance of the family by working as an LIC Agent. At the age of 7, Aravindh first learnt chess from his grandfather.

The interest that his grandfather inhibited in him about chess is the thing that made him world-famous today. Aravindh's first achievement came at the age of 12, when he won the under-19 chess competition, and completed the international under-14 chess competition in 2012 where he ranked next to Kyden Troff.

The first major tournament where Aravindh marked his name was Chennai Grandmaster International Open in 2013, where he defeated four grandmasters and two international masters. Here he earned the name of grandmaster for the first time. In 2014 and 2015 back to back, he earned the title of International master and Grandmaster title respectively. In 2018, he participated in Aeroflot Open and finished 26th out of 92, securing 5/9. ♠

Source - Wikipedia.org

#childrenofblubworld

# TAYLOR WILSON



Image Source - Clintonschoolpodcasts.com

Taylor Wilson, born in the year of 1994 in Texarkana, Arkansas, is 25-year old now, however, he stole the limelight when he was just 14. Children at this age are not allowed to get driving license, but this brilliant guy became a nuclear scientist and science advocate at such a young age.

Since childhood, he was interested in rocket and space science. He once hanged the periodic table in his room, and it

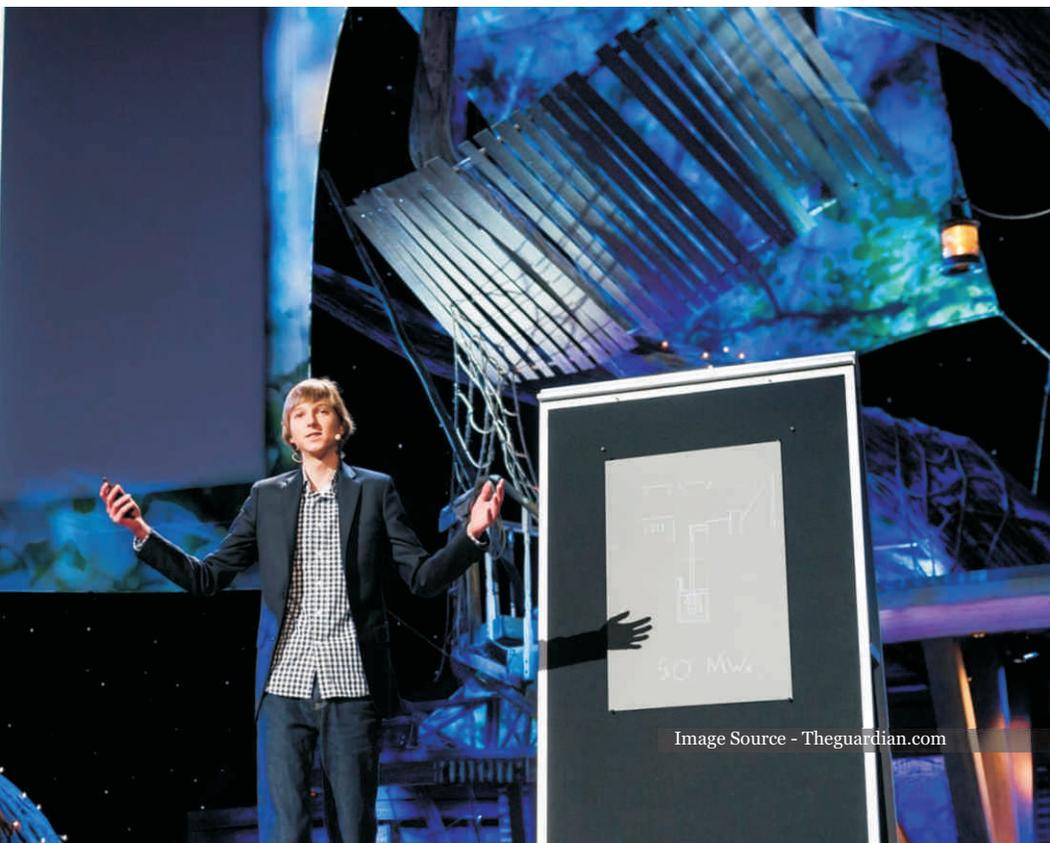
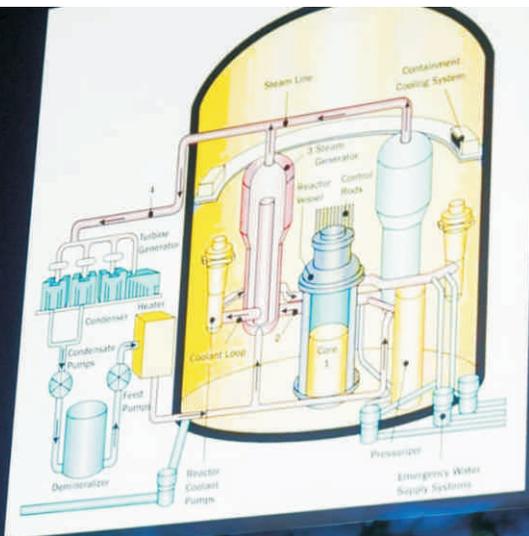
took him just one week to memorise the entire chart.

At 14, he became the youngest person on earth to produce nuclear fission. He entered the Intel International Science and Engineering Fair in California and got awarded for his vision of fission. In 2011, he entered the same fair in Los Angeles and against 1,500 competitors, he won a prize of \$50,000.

He got numerous awards for

his achievements and ideas. Wilson presented a few ideas to build small underground nuclear fission reactors in TED 2013. The members of the Science Community received his ideas suitably.

In 2017, Wilson became the member of Helena Group which is an elite think tank of global leaders who are focused to execute the projects for the improvement of the world. ❖❖



#childrenofblubworld

# GIULIANO STROE



Image Source - Thestudentroom.co.uk

**B**odybuilding and kid are quite unrelated until Giuliano Stroe made his contribution in filling this gap.

Born in 2004 in Romania, Giuliano Stroe is the World's Youngest Bodybuilder now. He was only a toddler when he started weightlifting for the first time. In 2009, this kid was recorded in the Guinness Book of World Records after his fastest ten metre hand walk with a weight ball between his legs.

Stroe became the internet sensation after he performed the stunt in front of the live audience on an Italian TV show.

In 2010, he broke the record of 90-degree push-ups. A 90-degree push-up is an exercise that is performed without the feet touching the ground. Stroe's previous record was 12 90-degree push-ups which he broke with 20 and that too on a live show in front of a live audience. In 2011, Stroe reached 40 90-degree

push-ups.

Stroe has various records in his achievements including human flag, muscle ups, human flag pull-ups etc. He has more records like 20 push-ups on 3 glass bottles, 40 handstand push-ups, one-handed handstand for more than 20 seconds, 90-degree push-ups on two rings and more. 🎯

Source – Wikipedia.org



Image Source - Anamariavasile.net

# INDIA'S FIRST DANSEURS!

**D**ipesh Verma (18) from Siliguri, and Bobby Roy (18) from Delhi, have always loved dancing. Since beginning both knew that they would end up making a career in this art form. Eager to learn, explore and navigate their passion, amid huge pressure and immense financial crunch, the then strangers landed in Mumbai, to traverse their journey to the cultural city of Paris. Blub World interviews the dynamic and resilient duo to know more about their adventure from middle-class teenagers to India's first *Danseurs* (meaning Male Ballet Dancer in the French Language)!

**Tell us about your journey from India to Paris. How did your family and friends react?**

**D:** Since childhood, I have watched television and danced, that's how I started learning. My father is a grocer while mother is a housewife, so naturally they assumed that dance as a career is unaffordable. My father never appreciated me dancing. But even then, I locked the doors and danced my heart out. I bunked

classes and practiced at empty parks. He never came to know because I always scored good. Once on YouTube, I saw Sophia Lucia dance solo on Titanium

“

**“...Residing in a slum, three hours away from the academy, surviving on biscuits, sleeping for just three hours, I was exhausted, lost but immensely happy because I could dance limitlessly.”**

Contemporary, and I loved it so much.

At 15, I got a scholarship from IFBC in Delhi, but I could not go. In 2017, my father suggested that I should start preparing for entrance exams, but I knew that one cannot be a doctor and a professional dancer simultaneously. So, I firmly refused, making him unhappy. Even amid pressure from family and relatives, and comparison with friends, I never changed my

**DIPESH  
VERMA**

mind.

Soon, I developed interest in Ballet, earned a scholarship and joined *Danceworx* in Mumbai. My parents sent me off saying that I would be back in a week. I was 16 when I left home with about 7,000 rupees, which I soon realized was nothing in a city like Mumbai.

Residing in a slum, three hours away from the academy, surviving on biscuits, sleeping for just three hours, I was exhausted, lost but immensely happy because I could dance limitlessly. My teacher, Mr. Yehuda Maor told me that if I want to be a professional Ballet dancer, then I need to attend a Ballet school. I started auditioning in July 2019 and received six scholarships

“.....  
“...Do not have two options in your life to achieve your goals. If you go with two options, you won't achieve much in life.”

from the States and two from Europe. I crowd-funded, and with help from few friends, joined Paris Marais Dance School in Paris.

**B:** I had a good journey from India to Paris. My family and friends were shocked because it was hard for me to get this opportunity as I belong to an economically weaker family. But even then, they are my biggest supporters in this journey.

**What kind of struggles did you face while choosing to become a professional Ballet**

**dancer?**

**D:** Hardest part was lack of parental support. My friends bullied me and called me names in school. Nobody understands Ballet dance form in my hometown, it is difficult to explain and change their mind set. Ballet is considered a feminine dance style, it was hard to come out as a male dancer.

**B:** When I was 14-years old, I started as a hip-hop dancer and quickly realized that I want to make a career in it. Soon I moved to Mumbai without much help, though my family was encouraging, they were unable to support me financially.

After wandering the streets of Mumbai for six months, I came to know about *Danceworx*, and about Ballet Master Mr. Yehuda Maor, who hails from Israel. Suddenly I fell for the Ballet dance form. It was twice as difficult for me because I had no money to take Ballet classes with Mr. Maor, nor the flexibility in my body. I tried my luck by sending an e-mail to Mr. Ashley Lobo who is the Artistic Director of Navdhara Indian Dance Theatre. He understood my situation and gave me a full-time scholarship in his dance school.

**Convincing folks for a passion we wish to pursue sounds surprising, should parents change their mind set, or should children choose mainstream careers only?**

**D:** This generation is way too advance. None of the streams are big or small. Success is directly



**BOBBY ROY**

related to work, efforts and time. Every profession has its history and it is great in its own way. Art is as important as doctorate or engineering. If a child wants to be a runner that's okay, it's a great thing, the only thing he needs is encouragement and direction.

**B:** If children choose a completely different way to pursue their life, parents should make sure that they are heading to the right direction and if everything is going well, then parents should change their mind set and support their children. This is my story too.

**Three things you have learnt from Mrs. Maggie Boogaart and Mr. Ghislain De Compreignac, apart from Ballet.**

**D:** Maggie spreads energy even when she is tired. She is generous, disciplined and loves contributing back to the Earth. Ghislain enjoys life to the fullest, shares love with friends and people around, that's inspiring. He is a strong example of hard work. They both help me not just to be a good dancer but also a great human.

**B:** Mr. Ghislain and Mrs. Maggie taught me to never give up. When at this age, they are not giving up; how can we? They are immensely hard working. When they come to school, they as teachers push students to make them realize why they are here and what is their goal, but when we

meet them outside, they are like a family.

**If a child wishes to learn Ballet, tell us three things that he should be cautious about.**

**D:** Ballet is a very traditional art form which needs a lot of discipline, physicality and artistry. Correct diet, consistency in training and having a proper mentor to train the right muscle and prevent injury is very important.

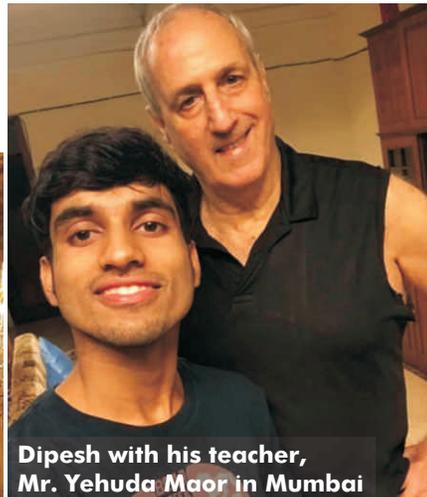
**B:** Organize his diet, be consistent, and if one gets injured, he must rest and heal completely before resuming his Ballet classes.

**We have heard that you both have opened a restaurant in Paris, is that true? Tell us about it.**

“**...Art is as important as doctorate or engineering”**”



Dipesh at Paris Marais Dance School



Dipesh with his teacher, Mr. Yehuda Maor in Mumbai



Paris Marais Dance School

**D & B:** No, that's not true. We haven't opened any restaurant, we were looking for jobs in them to survive.

### What is common between culture of India and France?

**D:** Both the countries are rich in Art. Beauty of Indian temples and forts is as stunning as the monuments, museums and churches here in Paris. Historic value of both countries is precious. Both French and Indians are patriotic, though they have different ways of showing it.

**B:** Art is something common between both the nations. Secondly, both the nationals are very welcoming. When I reached Paris, I stayed with the host family, Mrs. Iuliana Pintea and Mr. Bastain for one month and I truly felt like

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“...I wandered the streets of Mumbai for six months.”

home.

### If I come to your house, what would I always find in your refrigerator?

**D:** Eggs, cheese, fruits, bread, lettuce, tomatoes, bacons, sausages, mushrooms, milk, broccoli, dark chocolates, ice bags, fruit juice, mustard, jam, butter and few more things.

**B:** You will always find a Ballet dancer's diet, and healing stuff inside my refrigerator.

### How would you inspire your

### peer to chase their dreams?

**D:** Everyone dreams! Only those dreams are successful which have a clear, determined and a focused mind behind them. Lack of focus and inspiration can be distracting. Being with people who share positive energy, believing that you can do it, and being disciplined will greatly help in life!

**B:** My family and my friends are really inspired by me because I am always focused and dedicated. If one is passionate about their dream, nobody can stop them, and one day they will achieve their dreams.

### If you were in a class filled with ten-year old children, how would you entertain them?

**D:** Okay, I would love this opportunity. With a smile on my face and brightness in my eyes, I'll



Paris Marais Dance School

Dipesh Verma and Bobby Roy in Paris



*Photo Courtesy: Mr. Jaun Manuel Abelian*

**Mr. Ghislain De Compreignac and Mrs. Maggie Boogaart, Founder and Director of Paris Marais Dance School in Paris, as well as the supporters and inspiration of Dipesh and Bobby.**

introduce myself, and then ask them about their dreams. I will make them realize with some theater and funny anecdotes from my experience about what they need to do. At 10-years of age, if one realizes their dream, then it is commendable. Their age is full of energy and eagerness to learn, if they get a proper guidance in a fun way, I am sure they all can do anything. And that's how we all can be great! And of course, I will dance with them. :)

**B:** I would be smiling, calm, and, eager to dance with them.

**What message would you like**

“

**“...Training and having a proper mentor to train the right muscle and prevent injury is very important.**

**to give to our teen readers?**

**D:** I never had money or any way to reach here. I started with no direction or help from people. But it is all happening now, and it is like a dream come true. If you dream and be determined to do something even

if you start from zero; your hard work will get you wings, take you to the sky and help you achieve things you want. Have a positive attitude that I can, I should, and I will do it.

**B:** Be real, be professional. Do not have two options in your life to achieve your goals. If you go with two options, you won't achieve much in life. ❖

*Exclusive Interview*



# WITCH SCHOOL

**H**ogwarts School of Witchcraft and Wizardry might just be a figment of imagination, but the Witch School is not. It is a school dedicated in teaching magic and witchcraft.

The school started in Chicago, Illinois and Salem, Massachusetts, offered both online and offline courses. However, they closed after sometime and only online course are currently offered.

In 2001, the official website of the school was launched where different courses in Panganism, Wicca, and Divinatory Arts were offered. Over 240,000 students joined the online courses since its launch. In 2003, the campus of the school was first built at Hoopeston, Illinois. There were lots of controversies around this school after its physical establishment but slowly it all calmed down. On April 01, 2009, the Witch School added their portals in the UK, Europe and South Africa.

The school is special, of course because of the 'magical education' it offers. Unlike other

conventional schools, this one doesn't focus on the contemporary subjects that children learn. The school offers courses on Wicca, Magic Wands, Goddesses, Philosophy, Process of Casting Spell, Progressive Witchcraft, Pagans and the Law, Magical Grimoires, Herbalism, Numerology,

“ .....  
“...The school is special, of course because of the 'magical education' it offers. Unlike other conventional schools, this one doesn't focus on the contemporary subjects that children learn.”

Aromatherapy, Divination, Urbam Totems, Vodou, Spirits and many more.

**How is the degree program?**  
The Witch School trains first to third

degree clergy members for the Correllian Nativist Tradition. Each of the lessons come with a video, and a written content. The video helps the students to understand and fetch information. Upon completion of the lessons, one may have to appear for an evaluation to move further. For the online courses, you can opt for free membership and supported membership to learn from basic to advance of each of the subjects.

The best part is that there is no upper age bar. One must complete their high school to pursue courses here and that is all about the regulation. ❖

*The Writer hails from the city of Kolkata.*

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# BLUB WORLD

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Blub World is a medium to inspire children in the age group of 13 to 19 years across the World. We create and curate the world's best content for teenagers. We showcase it in a way that Inspires, Engages, Educates & Entertains simultaneously.

# BLUB WORLD MAGAZINES

In the era of internet where the web world controls most things, e-book is a popular idea where people read, not books but its digital versions. Which mode is more effective is a debatable question, and quite subjective. So here we will focus on both the modes of reading, to help you decide which one precedes

## Printed Books

- For many people, the feel of books is important; the pages, the smell of the prints, the cute bookmarkers, altogether creates an unusual feeling of satisfaction among them
- Sharing books with friends and family members is another charm. There is fun in borrowing and lending books. You don't have to pay for it
- The images and illustrations that a real book can portray and make our imagination run silly, is unbeatable
- Adding annotations with a pencil or a highlighter for reference purposes is quite pleasurable in real books
- With zero consumption of electricity, data connection and technology, print books require just an open mind
- And of course, it is a cheaper option in most of cases

## E-books

- Reading e-book is easier as most of them is featured with one-hand usage mode
- The options and availability of books is larger than print books. You can read many rare books in this mode which may not be easily accessible in its physical form
- It is a costlier choice, but it is a one-time investment which may become cost-effective for avid readers
- On the online mode, adding notes and bookmarking is easier
- The in-built dictionary is an important feature helping understand word-meanings effortlessly
- Before buying the entire book, you will get to read free samples which consist of few chapters. Read and then decide whether you should invest in it or not
- However, maintaining a technological device and its effects on eyes is a subject of concern

While reading is important, take a call and decide your mode of learning! ❖

*Why  
Print?*



# LIFE CHANGING TECH!

Planning to give self a New Year's gift? How about a tech gift? Here is a list of newest gadgets that are bound to make work-life easier. It is also fascinating and inspiring to use and live with them. So here we go!

## C-Lux Compact Digital Camera

If you think you need to explore and enhance photography skills, then cameras are conventional. You may love cameras no matter what, but do you think that phones can do a better job? Just take a snap with C-Lux Compact Digital Camera and be amazed by the output. They are made for social media photography with an absolute benchmark on clarity and handiness, and are really compact to hold.

## Designer Ear Buds

Designer Ear buds make an amazing gift for any occasion. They are topnotch in sound, are wireless, handy, and absolutely stylish. Their performance is equally good, and it has become a totally essential gadget for the contemporary world. It is available in dreamy colors such as tortoiseshell, white marble, coral pink and also a tarnished sandal. They look like an accessory and that's what makes them unique. These designer ear buds are made of stainless steel, and hence you don't have to worry about their durability.

## 3-in-1 smart water bottle

What is going to be fancy with the

water bottle? They are not just coming in many colors, but are now tech implied. The smart water bottle has three different features supporting capacity wise, light, and sound. The water bottle changes color when you don't drink enough water and reminds you to take a sip in your busy schedule. The Bluetooth can be connected, and you can use them as a speaker. It also

“

“...The water bottle changes color when you don't drink enough water and reminds you to take a sip in your busy schedule.”

comes with LED lights. You don't need an internet connection for them to perform. All the metrics are depending upon your water intake and Bluetooth facilities.

## Dock Wireless Charging Station

The best replacement for the power banks – A dock wireless charging station that looks brilliant and has amazing functionalities. An advanced version of this station also provides features for three portals.

## Smart Plant Sensor

For someone who loves maintaining

a garden, here is the most suitable gift ever. A smart plant sensor helps to keep a close eye on the moisture, pH levels, light and other optimal condition for the plants to grow. Several working folks have started to use this device and feel elated when they see their plants grow every day. The smart plant sensor can be connected to your app, and you can check your green friends wherever you are.

## Smart Electric Muscle Stimulators

Here is the simple tech solution for the muscle pains faced by people living a sedentary lifestyle. Smart electric muscle stimulators come with the recovery tools that you can attach to your body. Through vibration, they increase muscle strength and normalize the blood circulation. It can be fixed to any target specific pain point area of the body. How cool is to get a massage without visiting any spa or a masseuse?

## Magnetic Balance Lamp

How can the list be full without the home décor products? Magnetic balance lamps are acquiring space at every home now, and they have become essential. With the small magnetic technology, these lights can be turned on and off. There are two-spheres in the lamp, you need to pull the lower sphere, and the light turns on as it gets attracted to the upper sphere. They visually look

appealing as the spheres stand in the midair balanced while they are in use.

Aren't these gadgets wonderful? They are making the Disneyland stories and fairy tales true. Now pick the right one for the gifting season and surprise your loved ones right away. They are not only fancy but immensely useful as well. 🎁

“**...A smart plant sensor helps to keep a close eye on the moisture, pH levels, light and other optimal condition for the plants to grow.**”

*The Writer hails from the city of Coimbatore.*

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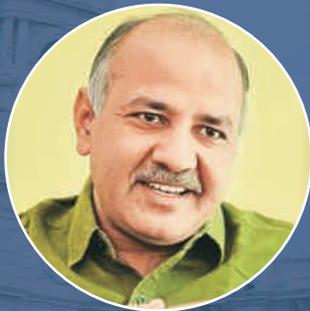


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# BLUB WORLD GEM AWARDS 2020

APRIL 17-18, 2020 | ADAMAS UNIVERSITY, KOLKATA

## CATEGORY - EDUCATION INNOVATION AWARDS

Innovation in Education is imperative owing to the changing demands amid the age of technology. India is developing and so are its Schools. As a media house, it is important for Blub World to identify, acknowledge and honor Individuals, Schools, and Institutions that are striving to innovate and create an impactful education experience. Here are categories in 'Blub World GEM 2020 Education Innovation Awards' that recognize diverse facets of a school life.

- |                                |                                      |
|--------------------------------|--------------------------------------|
| Pedagogy                       | Teaching Methodology                 |
| Classroom Decor                | Teachers' Training                   |
| Parent Relationship Management | Administration                       |
| Use of Technology              | Music                                |
| In-Classroom Engagement        | Literature                           |
| Creativity Enhancement         | Value Education                      |
| Skill Development              | Folk Culture Exposure                |
| Intuitive Learning             | Film Appreciation                    |
| School Infrastructure          | Environment Sensitisation            |
| Real World Exposure            | Life Skills                          |
| Curriculum                     | Developing Leadership                |
| After-School Activities        | Reading habits in Students           |
| Co-curricular Activities       | Financial Management                 |
| Sports                         | Home/Domestic Science                |
| Stage Arts                     | International Exchange               |
| Crafts                         | Linguistic Skills - Indian Language  |
| Entrepreneurship Development   | Linguistic Skills - Foreign Language |
| Children with Special Needs    | Interpersonal Skills                 |

## CATEGORY - GENERAL AWARDS

Running a School successfully is in itself a gratifying experience. However, being recognized for efforts that are myriad and ceaseless, is always encouraging and revitalizing. Blub World is pleased to honor the best in 'Blub World GEM Awards 2020' and spread the word of those silent and incessant efforts, to the world.

- |                                      |                                                     |
|--------------------------------------|-----------------------------------------------------|
| Emerging Pre-School of the Year 2020 | Best Girls Day Boarding Cum Residential School      |
| Emerging School of the Year 2020     | Best Girls Day Boarding Cum Residential School      |
| Promising School of the Year 2020    | Exceptional Achievement in Academics                |
| School of the Year 2020              | Exceptional Achievement in Sports                   |
| School with Best Infrastructure      | Exceptional Achievement in Co-Curricular Activities |
| Green School of the Year 2020        | Best School for Specially-Abled                     |

## GEM AWARDS 2020 PROCESS & DETAILS

- Nomination Submission Email should include:  
Filled Nomination Form  
Payment Receipt of Nomination Processing Fee  
All Relevant Documents in one PDF Format
- Each Applicant is eligible to apply for any two award categories only
- Forms once submitted, post verification, will be sent to the innominate jury for judgement
- The first Nomination Form once submitted shall be considered final, revised forms sent again will not be considered
- Names of Winners and Awardees will be declared at the Blub World GEM Awards 2020 Ceremony only. Prior intimation will not be given
- The presence of the Awardee or his representative is mandatory at the Blub World GEM 2020, Kolkata

### Nomination

**Open Date:**  
October 02, 2019  
12:00 Noon

**Closing Date:**  
February 29, 2020  
12:00 Noon

## T3 TEN TRAVEL ACTICS

**P**lanning a vacation takes months, but ruining it will take just minutes. Preparation, packing, reaching the airport and the holiday destination sometimes can be daunting. Everyone has a fair share when it comes to waiting in the traffic, long queues at the airport, travelling with annoying fellow passengers, unpredictable weather, delays in flights and unplanned itinerary, and all this can really mess up things and change our mode from vacation to stress.

While everyone cannot have an absolute planned journey all the time but we have the edge towards some aspects of travel, which can still be controlled by our decisions. This article is to throw light on 10 essential tips to enhance our travel experience and make it stress-free.

### **Seek Help**

It's the digital era and everything is available on the internet. However, when you plan a destination you don't know, it is advisable to connect with a travel agency. Ensure finding out the best time to travel, enquire about the weather conditions, local

folks, prices, local regulations, accommodation and conveyance. If you wish to explore the city, plan it well to avoid last-minute hassles. Book through the app for offers but with all the necessary human assistance.

### **Research flights**

Do the research, compare prices and then book flights. Also, just because it is cheap, never book it. The goal is to have a comfortable flight, and you do not deserve to adjust. Think of all aspects, including the online check-in, booking desired seats, luggage portals, and more before booking.

### **Keep it flexible**

You know it's the holiday season and there is every chance that the departures can be delayed. So be prepared for it. When you book the flights, ensure arranging your pick and drop from the airport to the hotel. Opt for the hotel service providers as they are reliable and will most definitely pick you even at odd hours, just in case your flight gets delayed. Always start two hours prior and be flexible with the plan, so you don't miss out on anything.

### **Be ready**

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“...When you plan a destination you don't know, it is advisable to connect with a travel agency.”

The security protocols at different airports can be really intimidating. Put all your metallic accessories, coins, jewelry, keys in a separate pouch. This will save time and you don't have to undress them at the counter. The airports will obviously be crowded, and you need to be prepared to save time at every given chance.

### **Pack light**

Depending on the destination, pack your bags light. There is no need to carry the luggage of a 50-pound suitcase. If you want a relaxed vacation, be easily accessed, secured, and do not want to make it challenging every time you leave the hotel, it is best to pack your luggage light.

### **Don't trust badges**

When you book any hotel room or guest house, do not always trust the stars and badges. There are many inorganic ways in which the reviews can be garnered. You must call out to the hotels directly and enquire about everything you need to know. Ask as many questions as possible and then decide. You are paying money; there is no way you need to choose

something less for yourself.

### **Make travel interesting**

Look for the local guides and plan the places you want to explore. Seek knowledge from the hotel reception. Look out for events, seasonal occasions, and local festivals if there is any, to make your time enjoyable.

### **Think locally**

When you have just landed, it is going to be thrilling, but not when you are deserted at the airport. Ensure you pre-book the local travels during your stay. In this way, you can plan the budget accordingly. Hiring at the last minute is always expensive.

### **Shop less**

Even though souvenirs are

important, think if you really have to shop for them. If you are alone, you cannot carry everything when you travel back. Nowadays there are many options for making payments and receiving parcels. It is a smart idea to opt for home delivery, but even smarter when you skip shopping.

### **Planned check-outs**

Most hotels allow visitors to check out only after 24 hours. Even if you check-out earlier you are going to be charged for the entire day, in most cases. It is essential to know the check-out policy and only then plan the return tickets. This will help you spend maximum time at the hotel and benefit from its amenities.

Vacations are a time to let loose, make memories, and rejuvenate. Planning is critical in making your vacation stress-free. Do your homework first to make the most of your time-off from routine! Happy Vacationing! ❖❖

*The Writer hails from the city of Coimbatore.*

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**“It is a smart idea to opt for home delivery, but even smarter when you skip shopping.”**



## #blubworldthinks

**W**e are living in the world of digitalization where communication most essentially, happens at skyrocketing pace. The world of internet, social media, apps and portals have made chatting, talking, video-calling, emailing as well as sharing data so fast that no one seems far away. Right from purchasing different products and services to seeking information, planning itinerary to hosting a party, everything has become a lot easier, quicker and organized.

The generation of millennials has grown up in the era of giving quick commands to get their things done. The concept of electronic-money has changed the market scenario and transactions now happen faster than one sneezes. Getting so many things done within seconds, youth today have grown used to having things done at their fingertips.

While all sounds good until we see an attitudinal shift in them. Unknowingly, youngsters, teens and children have so deeply been influenced by technology that we failed to realize how impatient they have become. From quick weight loss, 5-min DIY crafts, one-line birthday wishes, copy-pasting researched projects to aping online designs, the current range of youth is hyperactive, impatient, chaotic and abrupt. They mostly pursue things to earn either brownie points, petty cash, marks, degree, or scholarships without the

# THERE IS NO ALTERNATIVE

aim of actually learning something new. The generation is unaware of the difference between knowledge and education. Short term goals, unfocused efforts, lack of consideration and empathy has made them aloof, robotic and uncanny.

While they are smart, pursue their passion, dream big, and aim happiness, millennials must understand that there is no alternative; there is no alternative to hard work, determination and resilience.

The famous footballer Pele, once quoted, "Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing or learning to do".

So, with the beginning of the new year, here is a new chance to reconsider our approach to work and life, to family, friends, and strangers and most importantly, to ourselves and our dreams! 📌

“...The generation of millennials has grown up in the era of giving quick commands to get their things done.”

#blubworldcareerlabs

# FIVE SECRETS NO DJ WILL EVER TELL YOU

**A** happening career among youngsters, DJing is an art, a talent that requires continuous efforts, exploration, tastefulness and composure. Making folks dance to your tunes sounds fun but it can be overwhelming at times. While it offers great opportunities, here are few secrets I wish to share from my experience of more than a decade in the field of DJing. So here we go:

**No Matter how rich your client is, they will go crazy on the cheapest track** – If you are DJing for the richest profile of clients, make sure you have some crazy dance songs in your collection. You will be amazed to see how excited your audience becomes; especially on listening to songs you assumed were cheap, meaningless and distasteful.

**Don't Panic, there are more than 1,00,000 dance songs in the world** – If you think that you are running out of songs, use and trust Google. Let it tell you the song to be played on that occasion or that time of the event. You can also Google search the songs similar to the ones that you are playing at that particular moment. Even the latest DJ software has this feature which helps you find out the related tracks.

**It's not the DJ gear, it's your style which makes you hit** – Your music sense and your experience makes you a super DJ. Even if you have the best in class DJ

gear; they will be useless if you don't know how to use them. Your style of music should always be dependent on the choice of people on the dance floor, as you are performing for them, and not just for yourself. You have to play what people like but can sometime include few tracks of your choice. Work on building your own style and people will automatically follow you. Best Examples are Hardwell and Nucleya.

**Collection is your asset** – Master your collection, organize your music and work on the song structure. Remove all the unwanted songs/albums and back up your collection in a different source just keep the songs which always work for you handy.

**Smile wins the hearts** – Keep the atmosphere calm and cool, you are spreading happiness and you don't have to be serious. Take six deep breathes before starting the show and always carry a smile on your face. This will not only trick your brain but also impact your audience in positive way and as result; you will have an amazing show.

**Bonus tip** - Exercise and Practice Yoga to balance your senses and do *Pranayama* Breathing to keep your ears healthy. 🎧

*Inspired by Bollywood tunes, DJ Kavish aka DJ KR, since the age of 15, has been associated with music. Having played nationally and internationally, he has an experience of over 400 gigs and 100 destinations, spanning a decade. Apart from DJing, he trains budding DJs at his institute named the Warehouse DJ Academy in Udaipur.*

“...Your style of music should always be dependent on the choice of people on the dance floor, as you are performing for them, and not just for yourself.”

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Mates to flowers  
Becomes a flower itself –  
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Pretty, fragile  
Buttery – beautiful  
Like a smile!**

**Fluttering wings  
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Without a choice  
Soothes eyes and the soul  
Crooked thoughts find a whole!**

**– Veena Bhavnes Gaur**





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## MUSIC FOR THE MIND, BODY & SOUL



Is it not fascinating how listening to a song can make you feel happy, sad or nostalgic? People come to life with the ability to distinguish between sound and music. Our minds are set to process different musical components including sound, melody, rhythm and tempo. While fast music increases the heart rate, breath, and the pressure in blood, slower music tends to work the other way around.

There are different benefits of listening to music. Check out the amazing things that you can discover and experience when you indulge in listening to music:

**Enhances Mood** - Studies show that listening to music can benefit the general well-being, lighten up the mood, de-stresses and maintain the emotional balance. One also feels happier and calmer on hearing some interesting notes.

**Reduces Stress** - Listening to

soothing music (slow, low pitch and no text) reduces stress and anxiety in people while distracts one from depressive mood as well.

**Improves Memory** - Study of stroke survivors show that repeated components in rhythms and melodies help brain develop recall-enhancing patterns. Listening to music enables them to have more verbal memory, less uncertainty and more concentrated attention.

**Enhances Cognition** - Songs can also aid people who have lost their memories as well as comfort patients of Alzheimer's Disease, and Dementia, among other psychological inabilities. Early exposure to music helps children develop reading, coordination and reasoning skills.

**Helps Children with Autism** - Children who receive music therapy with autism spectrum disorder show improved social interactions, cognitive abilities and attention

skills.

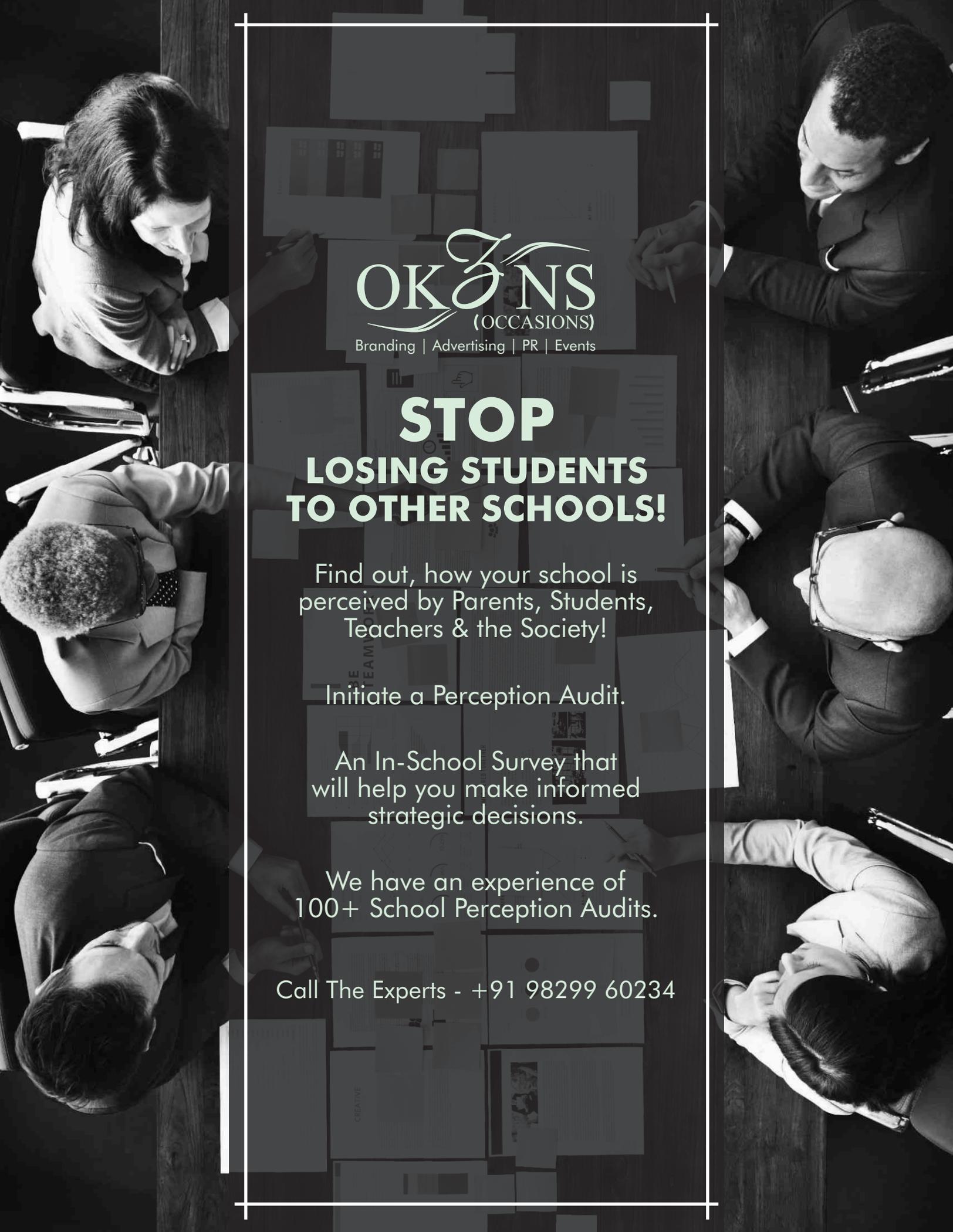
**Soothes Premature Baby** - Live music and lullabies can have a positive impact on vital signs and feeding and can enhance sucking habits in premature infants.

**Improves Creativity** - Music while doing any creative work makes one pleasant-sounding, which reflects in their craftsmanship as well.

Music is a wonderful idea to make life better and colorful. Though children are keener to listen to rock or hard music, choices and preferences might differ. But there is no denial of the fact that music is a great way of emancipation from the monotony of our lives. ❖

*The Writer hails from the city of Kolkata.*

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## AFGHANISTAN'S BOOKS ON BUSES!

**F**reshta Karim, a 27-year old girl from Afghanistan founded *Charmagz*, an organization that converts buses into mobile libraries. Driving around Kabul, Freshta aims at fostering love for reading and critical thinking among children being brought up amid the rising

terrorism. Children are encouraged to drop by before or after school to read, play chess, learn and debate.

"We are a group of young Afghans who have witnessed war and its direct impact on our childhood firsthand," says the *Charmagz* team in their mission statement. "Our childhood, like

millions of other Afghan children, was lost before we could live it. The pain brings us together in order to make a difference in other children's lives.

Freshta Karim is one of the Afghan Women among Forbes List of 30 under 30 Asia 2019. ❖❖

Source - Theational.ae



Freshta Karim with a group of school boys

## NEW YEAR | NEW BEGINNING | NEW OPPORTUNITIES

"If somebody offers you an amazing opportunity but you are not sure you can do it, say yes – then learn how to do it later." - Richard Branson

"Cheers to a New Year and another chance for us to get it right." - Oprah Winfrey

"The New Year stands before us like a chapter in a book, waiting to be written. We can help write that story by setting goals." - Melody Beattie

"Celebrate what you want to see more of." - Tom Peters

"Take a leap of faith and begin this wondrous New Year by believing. Believe in yourself. And believe that there is a loving Source - a Sower of Dreams - just waiting to be asked to help you make your dreams come true." - Sarah Ban Breathnach

"Let our New Year's resolution be this: we will be there for one another as fellow members of humanity, in the finest sense of the word." - Goran Persson

"We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called opportunity and its first chapter is New Year's Day." - Edith Lovejoy Pierce



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